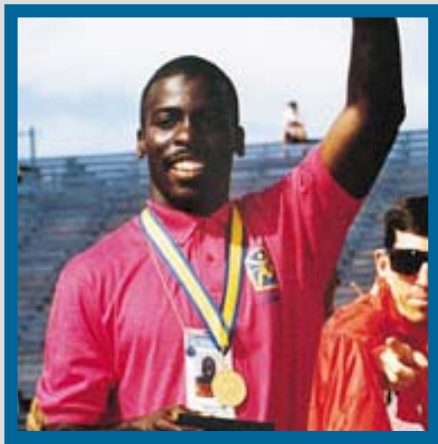


2008 Special Olympics Asia Pacific Regional Family Summit



Athlete Leadership Programs



*Be a fan of acceptance, dignity,
and the human race.*

Overview

What is ALPs?

ALPs in Action

ALPs and Special Olympics families



Special Olympics
Be a fan.



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and the human race.*

What is ALPs?

- Opportunities for athletes to become leaders throughout Special Olympics
- Options for athletes to pursue personal development both on and off the playing fields
- Empowerment of athletes
- Education for the public



*of acceptance, dignity,
and the human race.*



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What is ALPs?

Special Olympics encourages athletes to take meaningful positions of influence and leadership throughout the organization, including helping determine policy and set direction.



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ALPs in Action

- Unified Sports
- Athletes as Volunteers
- Athletes as Officials
- Athletes as Coaches
- Athletes on Boards or committees
- Global Messengers Training
- Athlete Congress or Input Councils
- Athletes Leadership Workshops



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ALPs in Action

The ALPs “How To” Handbook

Intro to ALPs

Input Councils

Resources *Global Messengers*
Boards & Committees
Athletes as Coaches
Athlete Congress
Athlete as Games Evaluators

Athletes as Volunteers



ALPs in Action

Global Messenger Training

Beginner Workshop

- SO Mission
- Confidence
- Outreach
- Personal Story

Graduate Workshop

- Media Training
- Donor Development
- Target Messages



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ALPS in Action

International Global Messengers



- 12 Athletes
- 6 Regions
- 2 year terms



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ALPS in Action

An Athlete Congress:

- Addresses Policy
- Requires Board Action
- Allows for formal deliberation and lobbying



An Input Council:

- Usually informal
- Requires no board action
- Asks for personal opinion
- Allows for informal dialogue and insight



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Athletes as Coaches Workshop

Special Olympics General Orientation



Role of a Coach



Effective Mentoring



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ALPs Governance Workshop

Special Olympics
General Orientation



Finding Your Voice



Working on a committee



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Family Members and ALPs

Talk to your athlete about new ways of being involved in Special Olympics



Help them research training requirements for various roles in which they express interest



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Family Members and ALPs

Talk to your Local Coordinator about ALPs opportunities locally



Never ASSUME you know what anyone thinks! Ask “What” and then “Why”!



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